

Menu Listing with Traffic Lights and Allergens

simon.owens@educatering.uk

JJ Secondary StrEATS 26 DO NOT EDIT THIS COPY

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Mexican Vegetable Fajita (StrEATS)	765.1	NONE 182.9	NONE 5.4	NONE 1.5	NONE 28.2		✓							?					
Secondary Falafel & Minted Yoghurt Hot Wrap	1307.8	NONE 312.6	NONE 12.4	NONE 2.0	NONE 38.3		✓		✓			✓		?					
Secondary Bang Bang Cauliflower Sweet Chilli Wrap	1411.7	NONE 337.4	NONE 4.7	NONE 1.8	NONE 62.9		✓					✓		?				✓	?
Secondary BBQ Chicken Wrap	1371.8	NONE 327.9	NONE 8.4	NONE 1.8	NONE 40.3		✓		✓					?				✓	
Secondary BBQ Pulled Pork Wrap	1291.9	NONE 308.8	NONE 6.6	NONE 2.4	NONE 39.9		✓							?				✓	
Secondary Caribbean Jerk Chicken Wrap	1163.0	NONE 278.0	NONE 8.8	NONE 1.9	NONE 27.3		✓		✓					?				✓	
Secondary Chicken Shawarma (Tortilla)	1205.2	NONE 288.1	NONE 8.0	NONE 1.9	NONE 29.0		✓		✓			✓		?				✓	

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Secondary Chicken Tikka Wrap	1190.4	NONE 284.5	NONE 9.1	NONE 2.0	NONE 28.5		✓		✓					?				✓	
Secondary Devon Hoisin Duck Wrap	1295.6	NONE 309.7	NONE 8.0	NONE 2.9	NONE 40.0		✓							?				✓	✓
Secondary Keralan Chicken Wrap	1184.8	NONE 283.2	NONE 9.6	NONE 2.4	NONE 26.5		✓		✓					?				✓	
Secondary Korean Chicken Wrap	1193.2	NONE 285.2	NONE 8.9	NONE 1.9	NONE 28.7		✓		✓					?				✓	✓
Secondary Mexican Chicken Fajita (StrEATS)	1032.7	NONE 246.8	NONE 6.0	NONE 1.7	NONE 26.4		✓							?					
Secondary Piri Piri Chicken Wrap	1160.5	NONE 277.4	NONE 9.0	NONE 1.9	NONE 26.9		✓		✓					?				✓	
Secondary Smoked Chicken & Sweet Chilli Hot Wrap	969.9	NONE 231.8	NONE 4.0	NONE 1.6	NONE 27.3		✓	?		?		?		?				✓	?

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Secondary SF Chicken with Lettuce & BBQ Sauce Wrap	1269.4	NONE 303.4	NONE 9.7	NONE 4.0	NONE 38.3	✓	✓		✓			✓	✓						
Secondary SF Chicken with Lettuce Sweet Chili Wrap	1235.1	NONE 295.2	NONE 9.7	NONE 4.0	NONE 36.4	✓	✓		✓			✓	✓						✓
Secondary SF Chicken, Lettuce & Mayo Wrap	1456.5	NONE 348.1	NONE 16.8	NONE 4.6	NONE 33.6	✓	✓		✓			✓	✓						
Secondary Sweet Chilli Chicken Hot Wrap	1268.9	NONE 303.3	NONE 8.4	NONE 1.8	NONE 34.8		✓		✓					?					✓
Secondary Hot Baguette Quorn Sausage & Gravy	2190.1	NONE 523.4	NONE 6.8	NONE 2.1	NONE 83.2		✓		?									?	
Secondary Hot Baguette Vegetable & Mozzarella	2003.2	NONE 478.8	NONE 9.5	NONE 4.2	NONE 79.7		✓		?			✓						?	
Secondary Hot Baguette Vegan Mince Sloppy Joe	2154.3	NONE 514.9	NONE 9.8	NONE 6.2	NONE 87.1		✓		?					?			?	✓	✓

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Secondary Hot Baguette BBQ Chicken & Cheese	2423.0	NONE 579.1	NONE 9.0	NONE 4.2	NONE 89.0		✓		?			✓					?		
Secondary Hot Baguette Beef Sloppy Joe	2418.1	NONE 578.0	NONE 15.6	NONE 7.7	NONE 80.9		✓		?			✓		?			?		
Secondary Hot Baguette Roast Gammon & Gravy	2067.0	NONE 494.0	NONE 7.7	NONE 2.4	NONE 78.6		✓		?								?		
Secondary Hot Baguette Roast Pork & Gravy	1963.2	NONE 469.2	NONE 3.5	NONE 1.0	NONE 78.6		✓		?								?		
Secondary Hot Baguette Roast Turkey & Gravy	1978.5	NONE 472.9	NONE 2.4	NONE 0.7	NONE 78.6		✓		?								?		
Secondary Hot Baguette Turkey Cranberry & Stuffing	2322.9	NONE 555.2	NONE 5.5	NONE 1.3	NONE 96.8		✓		?								?		
Secondary Hot Baguette SF Chicken Lettuce & Mayo	2439kJ 583kcal	MED 15g	MED 3.7g	LOW 5.6g	HIGH 3.0g		✓	✓	✓			✓		✓			?		

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Secondary Hot Baguette SF Chicken Lettuce NO MAYO	2164.6	NONE 517.4	NONE 8.3	NONE 3.1	NONE 86.7	✓	✓		✓			✓	✓				?		
Secondary Cheese & Tomato Panini	1812.3	NONE 433.2	NONE 13.6	NONE 7.4	NONE 59.0		✓		?			✓					?		✓
Secondary Cheese Panini	1770.3	NONE 423.1	NONE 13.2	NONE 7.4	NONE 57.7		✓		?			✓					?		
Secondary Roasted Vegetable & Cheese Panini	1614.3	NONE 385.8	NONE 9.8	NONE 4.1	NONE 60.3		✓		?			✓					?		
Secondary Bacon & Cheese Panini	2067.2	NONE 494.1	NONE 18.1	NONE 8.8	NONE 57.5		✓		?			✓					?		
Secondary BBQ Chicken & Cheese Panini	1949.5	NONE 466.0	NONE 8.0	NONE 4.0	NONE 70.1		✓		?			✓					?		
Secondary Devon Ham & Cheese Panini	1792.0	NONE 428.3	NONE 12.7	NONE 6.4	NONE 57.5		✓		?			✓					?		

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Secondary Mexican Chicken Panini	1818.2	NONE 434.6	NONE 10.0	NONE 4.1	NONE 58.3		✓		?			✓					?		
Secondary Pepperoni Panini	1854.9	NONE 443.3	NONE 16.0	NONE 8.1	NONE 57.6		✓		?			✓					?		
Secondary Devon Ham & Tomato Panini	1661.9	NONE 397.2	NONE 9.9	NONE 4.7	NONE 58.2		✓		?			✓					?		
Secondary Turkey, Bacon & Stuffing Panini	2263.6	NONE 541.0	NONE 11.7	NONE 5.3	NONE 79.9		✓		?			✓					?		
Secondary Smoked Chicken & Pesto Panini	2054.6	NONE 491.1	NONE 15.5	NONE 6.2	NONE 57.7		✓	?	?	?		✓		?			?	?	?
Secondary Sweet Chilli Chicken Panini	1810.6	NONE 432.8	NONE 8.0	NONE 4.0	NONE 62.5		✓		?			✓					?	✓	
Secondary Chip Pot 8oz	602.5	NONE 144.0	NONE 3.0	NONE 1.6	NONE 24.0														

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Secondary Chips with Chip Shop Sauce 8oz	602.5	NONE 144.0	NONE 3.0	NONE 1.6	NONE 24.0													?	
Secondary Southern Style Quorn Burger	1016.7	NONE 243.0	NONE 6.0	NONE 0.6	NONE 33.1		✓										?		
Secondary BBQ Pulled Pork Bap	1182.0	NONE 282.5	NONE 4.2	NONE 1.2	NONE 38.2		✓										?		
Secondary BBQ Smoked Chicken & Slaw Bap	1223.9	NONE 292.5	NONE 1.8	NONE 0.3	NONE 45.2		✓	?		?		?	?	?			?	✓	?
Secondary Devon Beef & Pork Burger (Homemade)	1165.7	NONE 278.6	NONE 11.2	NONE 4.3	NONE 23.5		✓										?		
Secondary Beef Burger in a Bun (3oz)	1316.7	NONE 314.7	NONE 14.7	NONE 6.0	NONE 23.5		✓										?		
Secondary Pork & Ketchup Burger	1119.6	NONE 267.6	NONE 9.1	NONE 3.2	NONE 24.5		✓										?		

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Secondary Devon Pork Meatball Sub (Soft roll)	1431.9	NONE 342.2	NONE 14.9	NONE 6.7	NONE 27.5	Contains: Wheat.	✓						✓					?	✓	
Secondary Devon Roast Pork & Apple Sauce Bap	917.1	NONE 219.2	NONE 2.6	NONE 0.7	NONE 26.1	Contains: Wheat.	✓											?	✓	
Secondary Fish Finger Bap with Ketchup (StrEATS)	1385.7	NONE 331.2	NONE 8.6	NONE 0.9	NONE 44.0	Contains: Wheat.	✓			✓								?		
Secondary Halloumi Cheese & Salad Burger	1359.7	NONE 325.0	NONE 15.5	NONE 8.6	NONE 25.8	Contains: Wheat.	✓						✓					?		
Secondary Just Cornish Traditional Pasty	2889.1	NONE 690.5	NONE 35.4	NONE 18.4	NONE 79.5	Contains: Wheat.	✓						✓							
Secondary Piri Piri Chicken Burger (Homemade)	2025.1	NONE 484.0	NONE 21.4	NONE 4.4	NONE 46.7	Contains: Wheat.	✓			✓					?			?	✓	?
Secondary SF Chicken with Lettuce & Mayo Burger	1397.7	NONE 334.1	NONE 14.6	NONE 3.4	NONE 34.1	Contains: Wheat.	✓	✓		✓			✓	✓				?		

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Secondary SF Chicken with Lettuce/ Sweet C Burger	1176.3	NONE 281.2	NONE 7.5	NONE 2.8	NONE 36.9	✓	✓		✓			✓	✓				?	✓	
Secondary Mexican Nachos 12oz	1636.8	NONE 391.2	NONE 19.4	NONE 6.6	NONE 41.5							✓							
Secondary Vegetable Chilli & Rice Pot 12oz	1369.3	NONE 327.3	NONE 5.0	NONE 0.8	NONE 58.5		?							?				✓	
Secondary Asian Vegetable Ramen Noodle Pot 16oz	1428.7	NONE 341.5	NONE 4.2	NONE 0.6	NONE 59.9		✓												✓
Secondary Chinese Vegetable & Bean Noodles 16oz	1465.9	NONE 350.4	NONE 5.5	NONE 0.7	NONE 60.3		✓											✓	✓
Secondary BBQ Pulled Pork Hash Brown Bites Pot 8oz	1541.0	NONE 368.3	NONE 13.0	NONE 2.4	NONE 42.4														
Secondary Chicken Tikka & Salad Pitta	1264.9	NONE 302.3	NONE 3.7	NONE 0.6	NONE 40.5		✓												

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Secondary Devon Hoisin Duck Noodles	1586.3	NONE 379.1	NONE 8.5	NONE 1.8	NONE 51.2		✓												✓
						Contains: Wheat.													
Secondary Hoisin Chicken Noodles 16oz	1495.5	NONE 357.4	NONE 4.7	NONE 0.6	NONE 51.2		✓												✓
						Contains: Wheat.													
Secondary Mexicana Chicken Soft Tacos	1562.6	NONE 373.5	NONE 8.2	NONE 0.9	NONE 51.2				?									✓	
Secondary Salt & Pepper & Salad Chicken Pitta	1446.1	NONE 345.6	NONE 3.7	NONE 0.6	NONE 50.5		✓												✓
						Contains: Wheat.													
Secondary Southern Fried Chicken & Wedges 12oz	1253.1	NONE 299.5	NONE 10.2	NONE 3.1	NONE 36.5		✓	✓	✓			✓		✓					
						Contains: Wheat.													
Secondary Sweet Chilli Chicken & Rice Pot 12oz	1490.8	NONE 356.3	NONE 4.9	NONE 0.9	NONE 56.2													✓	
Secondary Sweet Chilli Crispy Chicken Rice 8oz	1252.3	NONE 299.3	NONE 4.7	NONE 1.6	NONE 47.5		✓											✓	
						Contains: Wheat.													

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Secondary Bacon & Cheese Loaded Wedges 16oz	1583.6	NONE 378.5	NONE 20.1	NONE 8.8	NONE 27.0							✓							
Secondary Chillli not Carne Loaded Nachos 16oz	1316.4	NONE 314.6	NONE 14.0	NONE 3.1	NONE 32.5		?					✓		?				✓	✓
Secondary Chillli not Carne Loaded wedges 16oz	1169.1	NONE 279.4	NONE 9.2	NONE 2.6	NONE 33.7		?					✓		?				✓	✓
Secondary Veg & Bean Chillli Loaded Nachos 16oz	1303.2	NONE 311.5	NONE 15.8	NONE 4.7	NONE 31.5		?					✓		?				✓	
Secondary Veg & Bean Chillli Loaded Wedges 16oz	1155.9	NONE 276.3	NONE 11.0	NONE 4.2	NONE 32.7		?					✓		?				✓	
Secondary Mex Veg & Bean Chillli Loaded Fries 16oz	879.8	NONE 210.3	NONE 7.6	NONE 3.7	NONE 26.9		?					✓		?				✓	
Secondary Cajun Chicken Loaded Fries 16oz	1005.6	NONE 240.4	NONE 8.6	NONE 0.8	NONE 21.8				✓									✓	

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Secondary Beef Keema Loaded Mac n Cheese 16oz	2515.7	NONE 601.3	NONE 22.3	NONE 9.3	NONE 75.4		✓					✓	✓						?
Secondary Devon Chilli Beef Loaded Nachos 16oz	1440.9	NONE 344.4	NONE 18.2	NONE 5.6	NONE 29.6		?					✓		?					
Secondary Devon Beef Chilli Loaded Wedges 16oz	1293.6	NONE 309.2	NONE 13.4	NONE 5.1	NONE 30.8		?					✓		?					
Secondary New York BBQ Pork Loaded Nachos 16oz	1621.4	NONE 387.5	NONE 14.6	NONE 3.9	NONE 40.2							✓							
Secondary Garlic Herb Pulled Chicken Loaded Wedges	1570.3	NONE 375.3	NONE 25.1	NONE 4.1	NONE 20.1				✓			✓							
Secondary Spicy Sausage Loaded Mac n Cheese 16oz	2655.1	NONE 634.6	NONE 26.5	NONE 11.3	NONE 77.8		✓					✓	✓					✓	?
Secondary Mozzarella Cheese Hot Bagel (Whole)	1691.0	NONE 404.2	NONE 10.3	NONE 5.5	NONE 58.1		✓					✓					?		

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Secondary Pepperoni & Mozzarella Hot Bagel (Whole)	1900.6	NONE 454.3	NONE 14.8	NONE 7.5	NONE 59.1		✓					✓					?	✓	
Contains: Barley, Wheat.																			
Secondary Mozzarella & Tomato Hot Bagel (Whole)	1719.0	NONE 410.9	NONE 10.5	NONE 5.6	NONE 59.0		✓					✓					?	✓	
Contains: Barley, Wheat.																			

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Secondary Chocolate Mousse 7oz	41.4	NONE 9.9	NONE 0.3	NONE 0.2	NONE 1.4							✓							
Secondary Strawberry Mousse 7oz	42.2	NONE 10.1	NONE 0.3	NONE 0.2	NONE 1.5							✓							
Secondary Banana Mousse 7oz	42.2	NONE 10.1	NONE 0.3	NONE 0.2	NONE 1.5							✓							
Secondary Chocolate Orange Trifle 7oz/ Tray	1123.9	NONE 268.6	NONE 11.4	NONE 6.1	NONE 41.7		✓		✓			✓							?
Secondary Sweetener Free Strawberry Jelly 7oz	401.8	NONE 96.0	NONE 0.1	NONE 0.0	NONE 25.7														
Secondary Sweetener Free Raspberry Jelly 7oz	401.8	NONE 96.0	NONE 0.1	NONE 0.0	NONE 25.7														

Contains: Wheat.

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Secondary Sweetener Free Orange Jelly 7oz	401.8	NONE 96.0	NONE 0.1	NONE 0.0	NONE 25.7														
Secondary Sweetener Free Fruit Jelly Trifle 7oz	915.4	NONE 218.8	NONE 7.5	NONE 5.7	NONE 39.2							✓							
Secondary Mini Nacho & Salsa Pot 7oz (Chilled)	788.3	NONE 188.4	NONE 8.4	NONE 2.4	NONE 23.0							✓							
Secondary Chilled Sweet Chilli Noodles 7oz	854.5	NONE 204.2	NONE 2.5	NONE 0.2	NONE 39.2		✓												✓
Secondary Watermelon Pot 7oz	162.1	NONE 38.8	NONE 0.4	NONE 0.1	NONE 8.9														
Secondary Mixed Melon Pot 7oz	146.5	NONE 35.0	NONE 0.2	NONE 0.0	NONE 8.2														

Contains: Wheat.

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Secondary Grape and Melon Pot 7oz	216.3	NONE 51.7	NONE 0.3	NONE 0.1	NONE 12.7														
Secondary Pineapple Pot 7oz	214.4	NONE 51.3	NONE 0.3	NONE 0.0	NONE 12.6														
Secondary Chilled Tomato & Basil Pasta Pot 7oz	664.2	NONE 158.8	NONE 1.2	NONE 0.2	NONE 30.6		✓											✓	
Secondary Vegetable Sticks & Hummus 7oz	541.1	NONE 129.3	NONE 8.5	NONE 0.7	NONE 9.0													✓	
Secondary Watermelon Slice	202.7	NONE 48.4	NONE 0.5	NONE 0.2	NONE 11.1														
Secondary Yoghurt & Granola Pot 7oz (Homemade)	855.8	NONE 204.5	NONE 9.0	NONE 1.6	NONE 23.0	!	✓	!	!	!	!	!	✓	!	!	!	!	!	!
Contains: Barley, Oats, Wheat. Some sub-allergens have no data.																			

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Secondary Chocolate Mousse Cake Pot 7oz	876.8	NONE 209.6	NONE 11.8	NONE 5.2	NONE 23.1		✓					✓							✓
						Contains: Wheat.													
Secondary Strawberry Cheesecake Pot 7oz	1785.2	NONE 426.7	NONE 31.7	NONE 17.6	NONE 30.3		✓		?			✓							?
						Contains: Wheat.													
Secondary Vegan Sushi	1340.3	NONE 320.3	NONE 1.5	NONE 0.0	NONE 66.1			?		?			?						
Secondary Baguette BLT	2410.2	NONE 576.1	NONE 17.6	NONE 6.1	NONE 77.9		✓		?									?	
						Contains: Wheat.													
Secondary Baguette Cheddar Cheese	2437.8	NONE 582.7	NONE 20.6	NONE 10.3	NONE 76.3		✓		?			✓						?	
						Contains: Wheat.													
Secondary Baguette Cheese & Onion	2460.4	NONE 588.1	NONE 20.6	NONE 10.3	NONE 77.5		✓		?			✓						?	
						Contains: Wheat.													
Secondary Baguette Cheese Salad	2462.4	NONE 588.5	NONE 20.7	NONE 10.3	NONE 77.3		✓		?			✓						?	
						Contains: Wheat.													

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Baguette Chicken & Bacon Mayo	2921.5	NONE 698.3	NONE 30.1	NONE 4.0	NONE 77.5		✓		✓					?			?		
Secondary Baguette Chicken Mayonnaise	2830.3	NONE 676.5	NONE 26.9	NONE 2.7	NONE 77.7		✓		✓					?			?		
Secondary Baguette Chicken Tikka	2609.8	NONE 623.8	NONE 20.3	NONE 2.2	NONE 79.5		✓		✓					?			?		
Secondary Baguette Coronation Chicken	2844.3	NONE 679.8	NONE 27.0	NONE 2.7	NONE 77.9		✓		✓					?			?		
Secondary Baguette Ham & Cheese	2320.7	NONE 554.7	NONE 16.6	NONE 7.0	NONE 76.3		✓		?			✓					?		
Secondary Baguette Ham & Tomato	2116.5	NONE 505.9	NONE 11.2	NONE 3.2	NONE 77.5		✓		?								?		
Secondary Baguette Ham	2088.0	NONE 499.1	NONE 11.1	NONE 3.1	NONE 76.3		✓		?								?		

Menu Listing with Traffic Lights and Allergens

simon.owens@educatering.uk

MASTER Secondary Cold Del 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Baguette Ham Salad	2113kJ 505kcal	MED 11g	LOW 3.1g	LOW 5.7g	HIGH 3.2g	Contains: Wheat.	✓			?									?	
Secondary Baguette Egg Mayo & Rocket	2616.7	NONE 625.4	NONE 25.2	NONE 4.1	NONE 76.8	Contains: Wheat.	✓		✓						?				?	
Secondary Baguette Egg Mayonnaise	2613.8	NONE 624.7	NONE 25.1	NONE 4.1	NONE 76.7	Contains: Wheat.	✓		✓						?				?	
Secondary Turkey & Stuffing Baguette	2354.7	NONE 562.8	NONE 8.0	NONE 1.9	NONE 92.7	Contains: Wheat.	✓			?									?	
Secondary Baguette SF Chicken Lettuce & SC Mayo	2465.6	NONE 589.3	NONE 15.4	NONE 3.7	NONE 88.5	Contains: Wheat.	✓	✓		✓			✓		✓				?	✓
Secondary Baguette Tuna Mayo & Cucumber	2431.0	NONE 581.0	NONE 16.5	NONE 1.8	NONE 77.1	Contains: Wheat.	✓		✓	✓					?				?	
Secondary Baguette Tuna Mayo	2421.5	NONE 578.8	NONE 16.5	NONE 1.8	NONE 76.7	Contains: Wheat.	✓		✓	✓					?				?	

Menu Listing with Traffic Lights and Allergens

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Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Sandwich Cheese & Tomato On White	1655.2	NONE 395.6	NONE 19.4	NONE 9.9	NONE 37.0		✓					✓							✓
Secondary Sandwich Cheese & Tomato On Wholemeal	1615.0	NONE 386.0	NONE 19.5	NONE 10.0	NONE 31.5		✓					✓							✓
Secondary Sandwich Cheese On White	1626.7	NONE 388.8	NONE 19.3	NONE 9.9	NONE 35.7		✓					✓							✓
Secondary Sandwich Cheese On Wholemeal	1586.6	NONE 379.2	NONE 19.4	NONE 10.0	NONE 30.3		✓					✓							✓
Secondary Cheese & Pickle Sandwich on White	1685.7	NONE 402.9	NONE 19.3	NONE 9.9	NONE 39.3		✓					✓						✓	✓
Secondary Sandwich Cheese Salad On White	1651.3	NONE 394.7	NONE 19.4	NONE 9.9	NONE 36.7		✓					✓							✓
Secondary Sandwich Cheese Salad On Wholemeal	1611.1	NONE 385.1	NONE 19.5	NONE 10.0	NONE 31.3		✓					✓							✓

Menu Listing with Traffic Lights and Allergens

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Legend

- ✓ Contains
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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Sandwich Chicken & Bacon Mayo On White	2148.1	NONE 513.4	NONE 29.9	NONE 3.8	NONE 36.9		✓		✓					?					✓
Secondary Sandwich Chicken & Bacon Mayo Wholemeal	2107.9	NONE 503.8	NONE 30.0	NONE 3.9	NONE 31.5		✓		✓					?					✓
Secondary Sandwich Chicken Mayo On White	2056.9	NONE 491.6	NONE 26.6	NONE 2.5	NONE 37.2		✓		✓					?					✓
Secondary Sandwich Chicken Mayo On Wholemeal	2016.7	NONE 482.0	NONE 26.7	NONE 2.6	NONE 31.7		✓		✓					?					✓
Secondary Sandwich Egg Mayo On White	1615.0	NONE 386.0	NONE 20.4	NONE 3.0	NONE 36.1		✓		✓					?					✓
Secondary Sandwich Egg Mayo On Wholemeal	1574.8	NONE 376.4	NONE 20.4	NONE 3.1	NONE 30.7		✓		✓					?					✓
Secondary Sandwich Ham On White	1277.0	NONE 305.2	NONE 9.9	NONE 2.7	NONE 35.7		✓												✓

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MASTER Secondary Cold Del 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Sandwich Ham On Wholemeal	1236.8	NONE 295.6	NONE 9.9	NONE 2.8	NONE 30.2		✓												✓
Secondary Sandwich Ham Salad On White	1301.4	NONE 311.0	NONE 10.0	NONE 2.7	NONE 36.7		✓												✓
Secondary Sandwich Ham Salad On Wholemeal	1261.3	NONE 301.5	NONE 10.0	NONE 2.8	NONE 31.2		✓												✓
Secondary Vegetable, Hummus Spinach Sandwich (Wm)	1469.4	NONE 351.2	NONE 14.1	NONE 1.7	NONE 40.3		✓											✓	✓
Secondary Vegetable, Hummus Spinach Sandwich (W)	1509.5	NONE 360.8	NONE 14.0	NONE 1.6	NONE 45.8		✓											✓	✓
Secondary Sandwich Tuna Mayo Salad On White	1672.6	NONE 399.8	NONE 16.4	NONE 1.7	NONE 37.1		✓		✓	✓				?					✓
Secondary Sandwich Tuna Mayo Salad On Wholemeal	1632.5	NONE 390.2	NONE 16.4	NONE 1.8	NONE 31.7		✓		✓	✓				?					✓

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Cold Del 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Sandwich Tuna Mayo On White	1648.1	NONE 393.9	NONE 16.3	NONE 1.7	NONE 36.1		✓		✓	✓				?					✓
Secondary Sandwich Tuna Mayo On Wholemeal	1607.9	NONE 384.3	NONE 16.3	NONE 1.8	NONE 30.7		✓		✓	✓				?					✓
Secondary Cold Wrap BLT	1239.3	NONE 296.2	NONE 14.0	NONE 5.8	NONE 24.5		✓							?					
Secondary Cold Wrap Cheese Salad	1296.9	NONE 310.0	NONE 17.1	NONE 10.0	NONE 24.1		✓					✓		?					
Secondary Cold Wrap Chicken & Bacon Mayo	1938.9	NONE 463.4	NONE 31.5	NONE 4.9	NONE 24.1		✓		✓					?					
Secondary Cold Wrap Ham Salad	947.1	NONE 226.4	NONE 7.7	NONE 2.8	NONE 24.1		✓							?					
Secondary Cold Wrap Tuna Mayo & Cucumber	1448.7	NONE 346.2	NONE 18.0	NONE 2.8	NONE 23.7		✓		✓	✓				?					

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Cold Del 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Still Water Carton 250ml	0.0	NONE 0.0	NONE 1.3	NONE 0.3	NONE 0.0														
Orange Juice Cartons 200ml	1548kJ 370kcal	LOW 1.0g	LOW 0.2g	HIGH 90g	NONE 0.0g														
Apple Juice Cartons 200ml	0kJ 0kcal	LOW <0.5g	LOW <0.1g	LOW <0.5g	LOW <0.01g	!	!	!	!	!	!	!	!	!	!	!	!	!	!
Some sub-allergens have no data.																			
Tropical Juice Cartons 200ml	218kJ 52kcal	LOW 1.0g	LOW 0.2g	MED 12g	LOW 0.02g														
Still Water Plastic 500ml	0.0kJ 0.0kcal	NONE 0.0g	NONE 0.0g	NONE 0.0g	NONE 0.0g														
Chocolate Milkshake 200ml	393kJ 94kcal	LOW 3.0g	LOW 2.2g	LOW 9.4g	LOW 0.26g							✓							

Menu Listing with Traffic Lights and Allergens

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Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Strawberry Milkshake 200ml	396kJ 95kcal	LOW 2.9g	LOW 2.1g	LOW 9.9g	LOW 0.27g							✓							
Vanilla Milkshake	397kJ 95kcal	LOW 2.9g	LOW 2.1g	LOW 9.9g	LOW 0.27g							✓							
Radnor Fizz - Mixed Case	0kJ 0kcal	LOW <0.5g	LOW <0.1g	LOW <0.5g	LOW <0.01g	!	!	!	!	!	!	!	!	!	!	!	!	!	!
Radnor Splash - Mixed Case Plastic Bottles	0.0kJ 0.0kcal	NONE 0.0g	NONE 0.0g	NONE 0.0g	NONE 0.0g	!	!	!	!	!	!	!	!	!	!	!	!	!	!
Radnor Splash - Strawberry Sparkling Cans	14kJ 3kcal	LOW 1.7g	LOW 0.3g	LOW 1.7g	LOW 0.03g														
Radnor Splash - Lemon and Lime Sparkling Cans	14kJ 3kcal	LOW 1.7g	LOW 0.3g	LOW 1.7g	LOW 0.03g														
Water In A Box Berry																			

Some sub-allergens have no data.

Some sub-allergens have no data.

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Cold Del 26 (DO NOT EDIT)

Legend

✔ Contains

⚠ May Contain

! No Data

- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya

Description	Energy	Fat	Saturates	Sugars	Salt														
	63kJ 15kcal	LOW 2.5g	LOW 0.5g	LOW <0.5g	LOW 0.05g														
Lemon & Lime Water In A Box	63kJ 15kcal	LOW 2.5g	LOW 0.5g	LOW <0.5g	LOW 0.05g														
Water In A Box Orange & Peach	63kJ 15kcal	LOW 2.5g	LOW 0.5g	LOW <0.5g	LOW 0.05g														

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Cajun Spiced Popcorn 12oz	924.4	NONE 220.9	NONE 16.2	NONE 4.9	NONE 17.1														
Secondary Tikka Spiced Popcorn 12oz	926.8	NONE 221.5	NONE 16.2	NONE 4.9	NONE 17.4														
Secondary Sweet Cinnamon Popcorn 12oz	598.3	NONE 143.0	NONE 5.6	NONE 0.5	NONE 21.8														
Secondary Sweet & Salty Popcorn 12oz	531.9	NONE 127.1	NONE 4.1	NONE 0.4	NONE 21.2														
Secondary Cheese on Toast	830.1	NONE 198.4	NONE 9.5	NONE 4.6	NONE 17.9		✓					✓							✓
Secondary Cheesy Garlic Crumpet	747.4	NONE 178.6	NONE 8.6	NONE 4.2	NONE 18.7		✓					✓							
Secondary Cheesy Garlic Half Baguette							✓	?				✓					?		

Contains: Wheat.

Contains: Wheat.

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
	1271.3	NONE 303.9	NONE 11.4	NONE 4.9	NONE 38.7														
Secondary French Toast Bites 8oz	1227.9	NONE 293.5	NONE 3.8	NONE 1.2	NONE 54.7		✓		✓			✓					?		
Secondary Garlic Dough Balls (Homemade)	1329.9	NONE 317.8	NONE 12.7	NONE 2.6	NONE 42.9		✓												?
Secondary Hash Brown Duo Pot	883.7	NONE 211.2	NONE 9.0	NONE 1.0	NONE 28.8														
Secondary Iced Sultana & Cinnamon Rolls	1449.4	NONE 346.4	NONE 19.3	NONE 9.2	NONE 40.9		✓		?		?			?					?
Secondary Mini Mexican Nacho Pot 8oz	933.9	NONE 223.2	NONE 9.6	NONE 2.6	NONE 28.5							✓							
Secondary Half Toasted Tea Cake	901.7	NONE 215.5	NONE 7.7	NONE 2.0	NONE 33.0		✓		?			?							

Contains: Wheat.

Contains: Wheat.

Contains: Wheat.

Contains: Wheat.

Contains: Barley, Rye, Wheat.

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Mini Sausage Roll (8" Bought in)	1038.7	NONE 248.3	NONE 14.0	NONE 6.6	NONE 26.6	Contains: Wheat.		✓					✓							
Secondary Roast Potato Pot 8oz (prepped)	529.5	NONE 126.6	NONE 4.3	NONE 0.3	NONE 20.7															
Secondary Banana Mousse 7oz	42.2	NONE 10.1	NONE 0.3	NONE 0.2	NONE 1.5								✓							
Secondary Chocolate Mousse 7oz	41.4	NONE 9.9	NONE 0.3	NONE 0.2	NONE 1.4								✓							
Secondary Strawberry Mousse 7oz	42.2	NONE 10.1	NONE 0.3	NONE 0.2	NONE 1.5								✓							
Secondary Chocolate Orange Trifle 7oz/ Tray	1123.9	NONE 268.6	NONE 11.4	NONE 6.1	NONE 41.7	Contains: Wheat.		✓		✓			✓							?
Secondary Grape and Melon Pot 7oz																				

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
	216.3	NONE 51.7	NONE 0.3	NONE 0.1	NONE 12.7														
Secondary Mixed Melon Pot 7oz	146.5	NONE 35.0	NONE 0.2	NONE 0.0	NONE 8.2														
Secondary Pineapple Pot 7oz	214.4	NONE 51.3	NONE 0.3	NONE 0.0	NONE 12.6														
Secondary Pick & Mix Small Roll - Cheese	910.0	NONE 217.5	NONE 9.3	NONE 3.7	NONE 24.5		✓					✓						?	
Secondary Pick & Mix Small Roll - Chicken mayo	877.8	NONE 209.8	NONE 7.1	NONE 1.1	NONE 23.8		✓		✓					?				?	
Secondary Pick & Mix Small Roll - Devon Ham	688.5	NONE 164.5	NONE 4.4	NONE 1.1	NONE 23.5		✓											?	
Secondary Pick & Mix Small Roll - Egg Mayo	888.1	NONE 212.3	NONE 9.5	NONE 1.7	NONE 23.6		✓		✓					?				?	

Contains: Wheat.

Contains: Wheat.

Contains: Wheat.

Contains: Wheat.

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Sweetener Free Strawberry Jelly 7oz	401.8	NONE 96.0	NONE 0.1	NONE 0.0	NONE 25.7														
Secondary Sweetener Free Raspberry Jelly 7oz	401.8	NONE 96.0	NONE 0.1	NONE 0.0	NONE 25.7														
Secondary Sweetener Free Orange Jelly 7oz	401.8	NONE 96.0	NONE 0.1	NONE 0.0	NONE 25.7														
Secondary Sweetener Free Fruit Jelly Trifle 7oz	915.4	NONE 218.8	NONE 7.5	NONE 5.7	NONE 39.2							✓							
Secondary Mini Nacho & Salsa Pot 7oz (Chilled)	788.3	NONE 188.4	NONE 8.4	NONE 2.4	NONE 23.0							✓							
Secondary Chilled Sweet Chilli Noodles 7oz	854.5	NONE 204.2	NONE 2.5	NONE 0.2	NONE 39.2		✓											✓	

Contains: Wheat.

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary BBQ Chicken Pasta Pot 7oz	1014.6	NONE 242.5	NONE 0.8	NONE 0.2	NONE 43.5	Contains: Wheat.	✓													
Secondary Chicken Mayo & Sweetcorn Pasta Pot 7oz	1350.2	NONE 322.7	NONE 15.3	NONE 1.5	NONE 30.8	Contains: Wheat.	✓		✓						?					
Secondary Chilled Pesto & Rocket Pasta Pot 7oz	1275.3	NONE 304.8	NONE 18.2	NONE 1.4	NONE 29.2	Contains: Wheat.	✓													
Secondary Chilled Tomato & Basil Pasta Pot 7oz	664.2	NONE 158.8	NONE 1.2	NONE 0.2	NONE 30.6	Contains: Wheat.	✓													✓
Secondary Tuna Mayo & Sweetcorn Pasta Pot 7oz	1322.4	NONE 316.1	NONE 15.4	NONE 1.5	NONE 31.1	Contains: Wheat.	✓		✓	✓					?					
Secondary Vegetable Sticks & Hummus 7oz	541.1	NONE 129.3	NONE 8.5	NONE 0.7	NONE 9.0															✓
Secondary Watermelon Pot 7oz	162.1	NONE 38.8	NONE 0.4	NONE 0.1	NONE 8.9															

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MASTER Secondary Pick & Mix 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Watermelon Slice	202.7	NONE 48.4	NONE 0.5	NONE 0.2	NONE 11.1														
Secondary Yoghurt & Granola Pot 7oz (Homemade)	855.8	NONE 204.5	NONE 9.0	NONE 1.6	NONE 23.0	!	✓	!	!	!	!	✓	!	!	!	!	!	!	!
Contains: Barley, Oats, Wheat. Some sub-allergens have no data.																			
Orange Juice Cartons 200ml	1548kJ 370kcal	LOW 1.0g	LOW 0.2g	HIGH 90g	NONE 0.0g														
Apple Juice Cartons 200ml	0kJ 0kcal	LOW <0.5g	LOW <0.1g	LOW <0.5g	LOW <0.01g	!	!	!	!	!	!	!	!	!	!	!	!	!	!
Some sub-allergens have no data.																			
Tropical Juice Cartons 200ml	218kJ 52kcal	LOW 1.0g	LOW 0.2g	MED 12g	LOW 0.02g														
Still Water Plastic 500ml	0.0kJ 0.0kcal	NONE 0.0g	NONE 0.0g	NONE 0.0g	NONE 0.0g														

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Salad Bar 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Balsamic Tomato Salad	434.8	NONE 103.9	NONE 9.3	NONE 1.4	NONE 4.5													✓	
Secondary Beetroot, Chickpea & Potato Salad	643.4	NONE 153.8	NONE 12.4	NONE 1.7	NONE 8.2													✓	
Secondary Fresh Chopped Salad	44.8	NONE 10.7	NONE 0.2	NONE 0.0	NONE 1.8														
Secondary Coleslaw (Hand cut)	491.8	NONE 117.5	NONE 10.8	NONE 0.9	NONE 4.3				✓					?					
Secondary Coleslaw (Prepped Veg)	495.6	NONE 118.5	NONE 10.8	NONE 0.9	NONE 4.5				✓					?				✓	
Secondary Five Bean Salad	334.3	NONE 79.9	NONE 2.6	NONE 0.3	NONE 7.9													✓	

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MASTER Secondary Salad Bar 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Garden Salad	53.9	NONE 12.9	NONE 0.2	NONE 0.0	NONE 2.2														
Secondary 'Greek Style' Salad	112.2	NONE 26.8	NONE 1.7	NONE 0.2	NONE 2.3														
Secondary Healthier Slaw (Hand cut)	90.6	NONE 21.7	NONE 0.2	NONE 0.0	NONE 4.3													✓	
Secondary Healthier Slaw (Prepped)	95.1	NONE 22.7	NONE 0.2	NONE 0.0	NONE 4.5													✓	
Secondary Kachumber Salad	54.7	NONE 13.1	NONE 0.1	NONE 0.0	NONE 2.5														
Secondary Lemon & Herb Cous Cous Salad	929.5	NONE 222.2	NONE 5.8	NONE 0.9	NONE 35.4		✓											✓	

Contains: Wheat.

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Salad Bar 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Mixed Salad	46.4	NONE 11.1	NONE 0.2	NONE 0.0	NONE 1.8														
Secondary Moroccan Couscous Salad	994.2	NONE 237.6	NONE 6.2	NONE 0.9	NONE 37.8		✓							?				✓	
Secondary Pesto Orzo	918.9	NONE 219.6	NONE 11.5	NONE 1.1	NONE 23.4		✓							?				?	?
Secondary Potato & Spring Onion Salad	874.5	NONE 209.0	NONE 14.5	NONE 1.2	NONE 18.0				✓					?					
Secondary Roasted Vegetable & Pasta Salad	1125.8	NONE 269.1	NONE 6.1	NONE 0.6	NONE 44.5		✓											✓	
Secondary Super Food Salad	867.6	NONE 207.4	NONE 8.8	NONE 1.0	NONE 25.0		?											✓	?
Secondary Tomato, Basil & Pasta Salad	1155.3	NONE 276.1	NONE 2.0	NONE 0.3	NONE 53.3		✓											✓	

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Salad Bar 26 (DO NOT EDIT)

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Tomato & Cucumber Salad	48.0	NONE 11.5	NONE 0.2	NONE 0.0	NONE 1.9														
Secondary Chicken Mayonnaise Portion	720.5	NONE 172.2	NONE 11.0	NONE 1.0	NONE 1.1				✓					?					
Secondary Devon Ham Portion	346.4	NONE 82.8	NONE 4.5	NONE 1.5	NONE 0.0														
Secondary Feta Cheese Portion	395.4	NONE 94.5	NONE 7.7	NONE 5.5	NONE 0.3							✓							
Secondary Hard Boiled Egg & Spinach Protein Pot	515.8	NONE 123.3	NONE 9.4	NONE 2.5	NONE 0.1				✓										
Secondary Sweet Chilli Chicken Portion	388.5	NONE 92.9	NONE 0.4	NONE 0.1	NONE 5.4														✓

Menu Listing with Traffic Lights and Allergens

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MASTER Secondary Salad Bar 26 (DO NOT EDIT)

Legend

✓

Contains

?

May Contain

!

No Data

Description	Energy	Fat	Saturates	Sugars	Salt													
						Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites
Secondary Tuna Mayonnaise Portion	730.9	NONE 174.7	NONE 11.4	NONE 1.1	NONE 0.4				✓	✓				?				
Secondary Cheddar Cheese Portion	527.2	NONE 126.0	NONE 10.3	NONE 5.2	NONE 1.8							✓						
Secondary Hummus Portion	475.2	NONE 113.6	NONE 8.3	NONE 0.7	NONE 5.8													✓

Menu Listing with Traffic Lights and Allergens

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Secondary Home Bakes 26 DO NOT EDIT

Legend

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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Apple & Blackberry Crumble with Custard	1104.3	NONE 263.9	NONE 11.1	NONE 4.7	NONE 38.8		✓					✓							?
							Contains: Barley, Oats, Wheat.												
Secondary Apple & Blackberry Strudel & Custard	1060.5	NONE 253.5	NONE 10.9	NONE 5.9	NONE 35.7		✓				?	✓		?					?
							Contains: Wheat.												
Secondary Apple & Mixed Berry Pie & Custard (Gast)	632.5	NONE 151.2	NONE 4.9	NONE 2.8	NONE 24.9		✓				?	✓		?					?
							Contains: Wheat.												
Secondary Apple & Raspberry Cake & Custard (Gast)	1419.4	NONE 339.3	NONE 18.8	NONE 2.2	NONE 39.3		✓		✓			✓							?
							Contains: Wheat.												
Secondary Apple & Raspberry Crumble & Custard	1103.1	NONE 263.7	NONE 11.1	NONE 4.7	NONE 38.8		✓					✓							?
							Contains: Barley, Oats, Wheat.												
Secondary Apple & Sultana Pie & Custard (Gastro)	683.4	NONE 163.3	NONE 4.9	NONE 2.7	NONE 28.2		✓				?	✓		?					?
							Contains: Wheat.												
Secondary Apple & Sultana Strudel & Custard	1104.1	NONE 263.9	NONE 10.9	NONE 5.9	NONE 38.6		✓				?	✓		?					?
							Contains: Wheat.												

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Secondary Home Bakes 26 DO NOT EDIT

Legend

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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Apple Cake (Gastronorm)	1277.6	NONE 305.3	NONE 18.3	NONE 1.8	NONE 32.2		✓		✓										?
						Contains: Wheat.													
Secondary Apple Crumble & Custard (Gastronorm)	1106.1	NONE 264.4	NONE 11.0	NONE 4.6	NONE 39.2		✓					✓							?
						Contains: Barley, Oats, Wheat.													
Secondary Apple Tulip Muffin	1316.0	NONE 314.5	NONE 12.3	NONE 4.8	NONE 47.6		✓		✓			✓							?
						Contains: Wheat.													
Secondary Banana Marble Cake (Gastronorm)	1244.3	NONE 297.4	NONE 18.6	NONE 2.0	NONE 29.5		✓		✓										?
						Contains: Wheat.													
Secondary Banoffee Pancake x 1 (Bought in)	299.2	NONE 71.5	NONE 1.6	NONE 1.0	NONE 14.1		✓		✓			✓							
						Contains: Wheat.													
Secondary Black Bean Chocolate Brownie	760.5	NONE 181.8	NONE 11.0	NONE 4.4	NONE 13.9				✓										
Secondary Blueberry Cake (Gastronorm)	1281.6	NONE 306.3	NONE 18.4	NONE 1.8	NONE 32.0		✓		✓										?
						Contains: Wheat.													

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Secondary Home Bakes 26 DO NOT EDIT

Legend

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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Blueberry Tulip Muffin	1492.0	NONE 356.6	NONE 12.3	NONE 4.8	NONE 57.9		✓		✓			✓							?
Secondary Bread & Butter Pudding & Custard Gastro)	902.0	NONE 215.6	NONE 5.7	NONE 1.8	NONE 34.4		✓		✓			✓							✓
Secondary Carrot Cake	1308.3	NONE 312.7	NONE 19.0	NONE 1.9	NONE 32.6		✓		✓										?
Secondary Chocolate Drizzle Shortbread	1325.5	NONE 316.8	NONE 17.0	NONE 7.8	NONE 39.2		✓					✓							✓
Secondary Chocolate & Vanilla Pinwheel	1931.7	NONE 461.7	NONE 22.6	NONE 9.4	NONE 61.0		✓												?
Secondary Chocolate & Vanilla Swirl Cookie	1311.1	NONE 313.4	NONE 12.9	NONE 5.2	NONE 46.9		✓												?
Secondary Chocolate Brownie	1304.1	NONE 311.7	NONE 14.0	NONE 5.9	NONE 42.2		✓		✓										?

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Legend

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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Chocolate Cookie	1312.2	NONE 313.6	NONE 13.0	NONE 5.3	NONE 46.3		✓												?
Secondary Chocolate Flapjack (Gastronorm)	1878.6	NONE 449.0	NONE 22.7	NONE 8.5	NONE 51.3		✓												
Secondary Chocolate Rice Crispy Cake (Gastronorm)	1039.8	NONE 248.5	NONE 9.4	NONE 4.7	NONE 37.6		✓					✓							
Secondary Chocolate Sponge & Chocolate Custard	1390.1	NONE 332.2	NONE 19.6	NONE 2.7	NONE 34.7		✓		✓			✓							?
Secondary Chocolate Shortbread (Gastronorm)	1424.3	NONE 340.4	NONE 18.5	NONE 7.7	NONE 41.3		✓												?
Secondary Chocolate Orange Cake & Sauce	1433.5	NONE 342.6	NONE 19.6	NONE 2.7	NONE 37.3		✓		✓			✓							?
Secondary Chocolate Orange Trifle 7oz/ Tray	1123.9	NONE 268.6	NONE 11.4	NONE 6.1	NONE 41.7		✓		✓			✓							?

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Secondary Home Bakes 26 DO NOT EDIT

Legend

- ✓ Contains
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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Chocolate Straw (Each)	736.3	NONE 176.0	NONE 10.3	NONE 5.3	NONE 17.4		✓		✓		?			?					?
						Contains: Wheat.													
Secondary Chocolate Tulip Muffin	1473.4	NONE 352.2	NONE 13.0	NONE 5.3	NONE 54.5		✓		✓			✓							?
						Contains: Wheat.													
Secondary Coconut Cookie	1310.0	NONE 313.1	NONE 12.7	NONE 5.0	NONE 47.5		!	✓	!	!	!	!	!	!	!	!	!	!	!
						Contains: Barley, Oats, Wheat. Some sub-allergens have no data.													
Secondary Cornflake Tart	1375.4	NONE 328.7	NONE 13.3	NONE 5.6	NONE 48.6		✓												
						Contains: Barley, Wheat.													
Secondary Cornish Hevva Cake	1766.8	NONE 422.3	NONE 15.6	NONE 6.3	NONE 68.8		✓					✓							?
						Contains: Wheat.													
Secondary Creamy Orange Crumble Bar	1405.6	NONE 336.0	NONE 12.3	NONE 4.9	NONE 54.1		✓		✓										?
						Contains: Wheat.													
Secondary Custard Cookie	1091.9	NONE 261.0	NONE 13.6	NONE 5.6	NONE 34.1		✓		?										?
						Contains: Wheat.													

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Secondary Home Bakes 26 DO NOT EDIT

Legend

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- ? May Contain
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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Eton Mess	995.9	NONE 238.0	NONE 19.8	NONE 15.0	NONE 13.7				✓			✓							
Secondary Flapjack (Gastronorm)	1811.7	NONE 433.0	NONE 21.8	NONE 7.9	NONE 50.9		✓												
Secondary Fresh Fruit Platter	202.8	NONE 48.5	NONE 0.2	NONE 0.0	NONE 11.7														
Secondary Fruit Cookie Bar	1614.4	NONE 385.9	NONE 12.8	NONE 5.0	NONE 65.6		✓											✓	?
Secondary Fruit Scone with Jam & Clotted Cream	1633.5	NONE 390.4	NONE 15.9	NONE 8.1	NONE 58.4		✓					✓							?
Secondary Fruity Flapjack (Gastronorm)	1955.5	NONE 467.4	NONE 21.8	NONE 7.9	NONE 59.6		✓												
Secondary Fruity Coconut Flapjack (Gastronorm)	1955.5	NONE 467.4	NONE 21.8	NONE 7.9	NONE 59.6		!	✓	!	!	!	!	!	!	!	!	!	!	!
						Contains: Barley, Oats, Wheat. Some sub-allergens have no data.													

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Secondary Home Bakes 26 DO NOT EDIT

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Sweetener Free Fruit Jelly Trifle 7oz	915.4	NONE 218.8	NONE 7.5	NONE 5.7	NONE 39.2							✓							
Secondary Ginger Muffin	1812.8	NONE 433.3	NONE 20.0	NONE 7.9	NONE 60.0		✓		✓										?
Secondary Hob Nob Biscuit	1280.5	NONE 306.0	NONE 13.3	NONE 5.1	NONE 43.0		✓												?
Secondary Homemade Iced Cinnamon Bun	890.9	NONE 212.9	NONE 4.7	NONE 1.8	NONE 38.3		✓		✓			✓							?
Secondary Homemade Iced Orange Bun	1006.4	NONE 240.5	NONE 6.6	NONE 2.6	NONE 41.1		✓		✓			✓							?
Secondary Homemade Iced Lemon Bun	996.5	NONE 238.2	NONE 6.6	NONE 2.6	NONE 40.5		✓		✓			✓							?
Secondary Homemade Iced Bun	732.6	NONE 175.1	NONE 2.2	NONE 0.5	NONE 34.8		✓		✓			✓							?

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Secondary Home Bakes 26 DO NOT EDIT

Legend

- ✓ Contains
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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Iced Lemon Shortbread	1256.2	NONE 300.2	NONE 15.0	NONE 6.2	NONE 39.9		✓		?										?
Secondary Iced Lemon Tulip Muffin	1732.8	NONE 414.2	NONE 12.3	NONE 4.8	NONE 72.5		✓		✓			✓							?
Secondary Iced Sponge (Gastronorm)	1340.6	NONE 320.4	NONE 18.3	NONE 1.8	NONE 36.2		✓		✓										?
Secondary Iced Chocolate Sponge (Gastronorm)	1332.5	NONE 318.5	NONE 19.0	NONE 2.2	NONE 33.3		✓		✓										?
Secondary Iced Sultana & Cinnamon Rolls	1449.4	NONE 346.4	NONE 19.3	NONE 9.2	NONE 40.9		✓		?		?			?					?
Secondary Jam & Coconut Sponge (Gastronorm)	1272.4	NONE 304.1	NONE 18.3	NONE 1.8	NONE 32.0		!	✓	!	✓	!	!	!	!	!	!	!	!	!
Secondary Jam Sponge (Gastronorm)	1272.4	NONE 304.1	NONE 18.3	NONE 1.8	NONE 32.0		✓		✓										?

Menu Listing with Traffic Lights and Allergens

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Secondary Home Bakes 26 DO NOT EDIT

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Jammy Biscuit	1744.6	NONE 417.0	NONE 11.1	NONE 4.3	NONE 76.0		✓		✓										?
						Contains: Wheat.													
Secondary Jammie Dodger	1714.1	NONE 409.7	NONE 20.4	NONE 8.4	NONE 54.5		✓		?										?
						Contains: Wheat.													
Secondary Jammy Iced Bun (Bought in)	818.3	NONE 195.6	NONE 1.9	NONE 0.6	NONE 39.4		✓		?								?		
						Contains: Wheat.													
Secondary Jelly with Cream	799.7	NONE 191.1	NONE 10.0	NONE 7.5	NONE 26.8							✓							
Secondary Lemon & Blueberry Cake (Gastronorm)	1296.6	NONE 309.9	NONE 18.4	NONE 1.8	NONE 33.2		✓		✓										?
						Contains: Wheat.													
Secondary Lemon Crinkle Cookie	939.9	NONE 224.6	NONE 6.6	NONE 0.8	NONE 38.9		✓		✓										?
						Contains: Wheat.													
Secondary Lemon Tulip Miffin	1469.6	NONE 351.3	NONE 12.3	NONE 4.8	NONE 56.8		✓		✓			✓							?
						Contains: Wheat.													

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Secondary Home Bakes 26 DO NOT EDIT

Legend

- ✓ Contains
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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Lemon Cookie	1312.0	NONE 313.6	NONE 12.7	NONE 5.0	NONE 47.6		✓												?
Secondary Iced Lemon Meltaway Cookie	1455.9	NONE 348.0	NONE 16.8	NONE 6.8	NONE 47.5		✓		✓										?
Secondary Marble Cake (gastronorm)	1244.3	NONE 297.4	NONE 18.6	NONE 2.0	NONE 29.5		✓		✓										?
Secondary New York Style Cookie	1098.0	NONE 262.4	NONE 14.0	NONE 8.1	NONE 30.5		✓		✓			✓							✓
Secondary Orange Cookie	1315.2	NONE 314.3	NONE 12.7	NONE 5.0	NONE 47.8		✓												?
Secondary Peach Crumble & Custard (Gastronorm)	1126.3	NONE 269.2	NONE 11.3	NONE 4.7	NONE 40.3		✓					✓							?
Secondary Pear & Chocolate Crumble With Custard	1186.3	NONE 283.5	NONE 12.0	NONE 5.1	NONE 41.7		✓					✓							?

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Pear Cake (Gastronorm)	1296.4	NONE 309.8	NONE 18.5	NONE 1.8	NONE 33.6		✓		✓										?
Secondary Toffee Banana Cake (Gastronorm)	1442.7	NONE 344.8	NONE 18.4	NONE 1.8	NONE 42.1		✓		✓										?
Secondary Pineapple Cake (Gastronorm)	1289.7	NONE 308.2	NONE 18.5	NONE 1.8	NONE 33.0		✓		✓										?
Secondary Sultana Cake (Gastronorm)	1590.9	NONE 380.2	NONE 18.4	NONE 1.8	NONE 51.4		✓		✓										?
Secondary Raspberry Tulip Muffin	1485.2	NONE 355.0	NONE 12.3	NONE 4.8	NONE 57.3		✓		✓			✓							?
Secondary Reduced Sugar Fruit Tulip Muffin	1363.8	NONE 326.0	NONE 15.4	NONE 6.1	NONE 43.3		✓		✓			✓							?
Secondary Pink Raspberry Flapjack (Gastronorm)	1822.8	NONE 435.7	NONE 21.8	NONE 7.9	NONE 51.3		✓												

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary GF/DF Christmas Shortbread Cookie	1269.9	NONE 303.5	NONE 16.0	NONE 6.5	NONE 38.2														
Secondary Double Chocolate Cookie (Puck)	939.3	NONE 224.5	NONE 10.0	NONE 5.0	NONE 30.5		✓		✓			✓							✓
Secondary White Chocolate Cookie (Puck)	977.0	NONE 233.5	NONE 10.5	NONE 5.0	NONE 32.5		✓		✓			✓							✓
Secondary Milk Chocolate Cookie (Puck)	983.2	NONE 235.0	NONE 10.5	NONE 5.0	NONE 32.5		✓		✓			✓							✓

Contains: Wheat.

Contains: Wheat.

Contains: Wheat.